BRILLIANT SCHOOLS NATIONAL EXAMS

COMPETENCE BASED CURRICULUM

HYGIENE AND NUTRITION ACTIVITIES

GRADE 2 EXAMS 2025

NAME	
SCHOOL	
GRADE	

1. We eat_____meals in a day. (2, 3, 1)

2. A pig gives us_____(mutton, beef, pork)

Name 3 parts of a plant that we eat as food

3. _____

4. _____

5. _____

6. The classroom dustbin should be emptied _____(everyday ,never ,weekly)

7. The first help we give to an injured person is called_____(help ,pricks ,first aid)

8. Wounds are covered with a _____(bandage ,paper, tissue)

9. The first teeth to grow are called _____(first teeth ,good teeth ,milk teeth)

10. We remove dirt particles from water by _____(boiling ,filtering ,cooling)

Write 3 things we should not share

11. _____

12. _____

13. _____

14. An_____can be eaten raw. (apple ,beans, spinach)

15. A_____treats our teeth. (optician ,dentist ,nurse)

16. I use_____to cut my finger nails (teeth ,knife ,nail cutter)

17. The main source of water is _____(tank, tap, rain)

18. Contaminated water can make us _____(healthy, cry, sick)

Name 3 main meals we eat in a day (lunch, snacks ,breakfast, chips, supper ,soda)

19. _____

20. _____

21. _____

22. I am a place in the house. Foods are prepared in me. I am a_____ (dining room, kitchen ,sitting room)

23. A_____cannot be used to clean the floor (broom ,mop ,panga)

24. Green or red pepper tastes _____(sour ,sweet ,bitter)

Where are these items found in the rooms of a house

25. Sofa set

_____

26. Bed _____

27. Frying pan

_____

28. Television

_____

29. Knife

_____

30. Pillow

_____

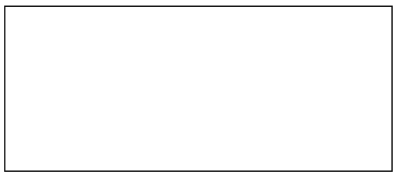
Draw 4 fruits and write their names

31.31.

32.

33.

34.



Name the parts of our body we use to clean with the following items

35. Comb - _____

36. Toothbrush -_____

37. Handkerchief - _____

Name 3 sources of water

38. _____

39. _____

40. _____

Which part of plant do we eat from these plants

41. Sweet potatoes - _____

42. Kales -

_____

43. Maize -

_____

44. Sugarcane -

45. Carrots - _____

Name 2 bad oral habits

46. _____

47. _____

48. We use_____and clean water to wash utensils.(jug ,soap ,toothbrush)

49. Dirty utensils bring _____in the house. (Mosquitoes ,lice ,cockroaches)

50. _____causes diseases. (food ,germs, oily)